

As we continue to form ourselves as a new halau, we would like to add some ancient Hawaiian tradition and law. Polynesian dance is empty without a strong understanding and appreciation of the Aloha Spirit.

The Aloha Spirit Law is an actual law which “acknowledges that The Aloha Spirit ‘was the working philosophy of native Hawaiians and was presented as a gift to the people of Hawai’i.’” As haumana (students) of their dance and tradition, we are asked to align ourselves with the essence of aloha. Go to

www.hawaiianlanguageandtradition.com/alohaspiritlaw.html for more information.

ALOHA: Akahai, meaning kindness to be expressed with tenderness;
Lokahi, meaning unity, to be expressed with harmony;
‘Olu’Olu, meaning agreeable, to be expressed with pleasantness;
Ha’aha’a, meaning humility, to be expressed with modesty;
Ahonui, meaning patience, to be expressed with perseverance.

We would like to begin each class with the tradition of an oli – a chant that the entire halau learns in their individual classes and, at performances, might chant together.

Names are an essential part of who we are. We acquire a Hawaiian name at a significant point in our lives; either through our parents because of our heritage, or with the kokua (help) of our instructor after it is firm that the dance, tradition, and Aloha Spirit Law has been adopted by us. We will use these names in the halau to show we treasure them and that they are to be treasured by our hula ohana (family).

Alaka’i: O wai kou inoa? What is the name you treasure?

Haumana (student): Kou inoa _____. My name is _____.

Alaka’i: Aloha e (name). Greetings to (name).

Haumana: Aloha e Alaka’i (name) Greetings to you, instructor (name).

Mahalo for being with us at the kumu kahi (origin/beginning) of Kehulili O Kailani. You are all the sparkling lights, along with us. We make up the heavenly sea together. We look forward to the hua’kai (journey) with you as our ohana; you truly lift us up and bring us much hau’oli (joy).

Leimomi (Linda) and Luana (Trudi)

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Dancer Info...

Name _____

Parents' names _____

Phone #s _____

Emergency # _____

E-Mail _____

(This is our main mode of communication; please let us know if you need things by hard copy.)

Birthday _____

Address: _____

Please list any dance experience; tell us about yourself and what you hope to learn and/or experience from Polynesian dance:

Any additional info/comments:

New haumana: please copy and paste onto a new document, then attach and send to hulanalu@sbcglobal.net or print and bring into class. Mahalo.

We would like to begin each class with the tradition of an oli – a chant that the entire halau learns in their individual classes and, at performances, might chant together.

The oli we have chosen for our halau is E Hö Maí:

E hö maí ka `íke, maí luna maí e
O nä mea huna no `eau o nä mele e
E hö maí, e hö maí, e hö maí e.

Repeat 3X, gradually increasing speed, pitch, and volume.

Translation:

Grant me/us knowledge from above,
Of the elusive words of wisdom within the chants,
Grant me/us, grant me/us, grant me/us (these things).

Feel free to bring this with you to class if it is helpful.